Minnesota Memory Snatches

June 4, 2010 in Minnesota, auditioning at Penumbra.

Big thing middle of the night again!
Evidence n memory snatches ... torn up section of room ... wounds ... n pain.
Auditioning another women to act Suzanne today.

All my notes from last few days blurred and crushed in tablet, production notes too ...
But good enough
I think to write here ... First check blood sugar and eat. Blood sugar 37. I've been lower,
I think this out like stroke/seizure thing is different, don't know what it is, but specific.

Last night's mid of night evidence -- package of needles that'd been in the bathroom on bedroom floor, one metal casing strip ripped from wall, my right shoulder and lower arm banged up, two pairs of earrings on floor, crushed pages and ink stained tablet.
Mid o' night memories: ages of wall with stripes, like abstract painting, that feeling of no feeling, just trying to move and see (but not knowing what move and see are), confusion, then finding bed way up from floor, red blanket, climbing under warm, but never sleep.

Yesterday took the mile walk. Blood sugars varied.
Additional discoveries: blood caked all around nose, blood on tablet, blood on rug, blood on mystery novel, torn page with important notes way under low bed, one tiger-striped earring still missing.

July 11, 2010
Odd day

Had odd day up and down. It's now almost midnight. My Blood sugar 57, before that 193, before that 297, 'fore that 264, earlier today woke up late w/49...

I learned later from the news the protest was against the Governor of Arizona.
I take no Humalog, eat serving of grits cooked w/water 'n Carnation milk 'n 1/2 jar berry juice. Check blood sugar 12:30 =246.
Take 26 units Lantus

July 11, 2010
Notes: Still haven't got over fire for some men. Still have to cook meat. Others want to eat bodies more than anything and lick their fingers impolitely.

July 12, 2010
Yesterday worked on SUGAR excerpts all day, woke up low and late, only came around when Nikos called, went shopping. Now just after midnight, have decided to not take Lantus 'cause blood sugar's 57, will drink & eat a piece of chicken and bread & go to sleep.

RMc June/July 2010